



# CORONA VIRUS

(COVID-19)

Do not panic unnecessarily and do not spread rumours  
Government of West Bengal is dedicated to fighting this viral infection

## Symptoms of Novel Corona virus 2019 (COVID-19) infection

This viral infection has symptoms similar to flu, like:



**1** Fever



**2** Cough



**3** Difficulty in breathing

## To protect yourself and others, follow the instructions below:

### Do's



**1** Wash your hands at regular intervals with soap and water or alcohol-based handrub. Wash your hands even if they are visibly clean.



**2** While coughing or sneezing, cover your nose and mouth with your upper sleeve or handkerchief or tissue.



**3** Throw used tissue in a closed bin immediately after use.



**4** Avoid being in a crowd or large gatherings.



**5** If you feel unwell (fever, cough and difficulty in breathing), see a doctor. While visiting a doctor, cover your nose and mouth with mask or cloth.



**6** In case you feel unwell, self-quarantine yourself at home for 14 days. Stay at home, in isolation in a separate room. (Home isolation)

### Don'ts



**1** If you are suffering from fever and cough then do not go near anyone.



**2** Do not touch your eyes, nose and mouth.



**3** Do not spit in public.



For detailed information, call state government's helpline number:  
**03323412600, 1800313444222**

Health & Family Welfare Department, Government of West Bengal